

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Coachinfo: Warming up from: 07:30 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lievens Stijn

Coaches: Van Den Bergh Nona

Coaches: Geelen Sofie HEADCOACH

Coaches: Heylen Hilde

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 09:03
Heat: 2/2 Lane : 2 Athlete: SALAETS ELOÏSE					Q-time: 02:00:75
PB (25m pool): 01:56.00 Mol 28/12/2025					PB (50m pool): no time SB: 01:56.00 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.02		01:56.00	
	00:55.02		01:00.98		
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 09:08
Heat: 2/6 Lane : 4 Athlete: LEMBRECHTS KAAT					Q-time: 01:42:75
PB (25m pool): 01:42.75 Aarschot 16/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.00		01:42.75	
	00:46.00		00:56.75		
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 09:11
Heat: 3/6 Lane : 5 Athlete: LEMBRECHTS SIEN					Q-time: 01:36:99
PB (25m pool): 01:36.99 LEUVEN 21/12/2025					PB (50m pool): 01:39.37 SB: 01:36.99 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.21		01:36.99	
	00:44.21		00:52.78		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 09:13
Heat: 4/6 Lane : 2 Athlete: GYPEN KAAT					Q-time: 01:20:67
PB (25m pool): 01:16.47 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 01:24.81 SB: 01:20.67 LEUVEN 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.47	
	no time				
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 09:13
Heat: 4/6 Lane : 3 Athlete: WOUTERS STIEN					Q-time: 01:19:66
PB (25m pool): 01:19.66 Nijlen 16/11/2025 PB (50m pool): no time SB: 01:19.66 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.15		01:19.66	
	00:36.15 00:43.51				
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 09:15
Heat: 5/6 Lane : 4 Athlete: BRUGMAN SERENA					Q-time: 01:15:96
PB (25m pool): 01:15.74 Mol 29/12/2024 PB (50m pool): 01:18.79 SB: 01:18.32 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.74		01:15.74	
	00:34.74 00:41.00				
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 09:19
Heat: 1/6 Lane : 1 Athlete: LENDERS PABLO					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 09:19
Heat: 1/6 Lane : 5 Athlete: WOUTERS HANNES					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 09:23
Heat: 3/6 Lane : 5 Athlete: GYPEN THOMAS					Q-time: 01:17:10
PB (25m pool): 01:17.10 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:19.96 SB: 01:18.28 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.89		01:17.10	
	00:35.89 00:41.21				
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 09:23
Heat: 3/6 Lane : 6 Athlete: VERHEYEN STEPHEN					Q-time: 01:19:08
PB (25m pool): 01:15.48 Mol 28/12/2025					PB (50m pool): 01:21.21 SB: 01:15.48 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.42		01:15.48	
	00:35.42 00:40.06				
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 09:25
Heat: 4/6 Lane : 2 Athlete: ASSCHERICKX SEBASTIAAN					Q-time: 01:12:10
PB (25m pool): 01:12.10 LEUVEN 21/12/2025					PB (50m pool): 01:16.60 SB: 01:12.10 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.16		01:12.10	
	00:34.16 00:37.94				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 09:25
Heat: 4/6 Lane : 4 Athlete: VETS SIEBE					Q-time: 01:11:10
PB (25m pool): 01:08.63 Heist Op Den Berg 13/01/2024					PB (50m pool): 01:13.41 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.63	
	no time				
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 09:27
Heat: 5/6 Lane : 1 Athlete: VETS WANNES					Q-time: 01:08:34
PB (25m pool): 01:08.34 LEUVEN 23/11/2025					PB (50m pool): 01:11.06 SB: 01:08.34 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.36		01:08.34	
	00:31.36		00:36.98		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 09:27
Heat: 5/6 Lane : 5 Athlete: DE WITTE LEO					Q-time: 01:07:45
PB (25m pool): 01:07.45 Aarschot 16/03/2025					PB (50m pool): 01:07.66 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.06		01:07.45	
	00:31.06		00:36.39		
					

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 09:31	
Heat: 1/5 Lane : 1 Athlete: WILLEN LENTHE							Q-time: 99:99:99	
PB (25m pool): 04:28.44 Tienen 27/10/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		01:00.82		02:10.92		no time		04:28.44
	01:00.82		01:10.10					
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 09:31	
Heat: 1/5 Lane : 2 Athlete: PUT JULIE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 09:36	
Heat: 2/5 Lane : 1 Athlete: MEYER THYRVI							Q-time: 99:99:99	
PB (25m pool): 03:02.11 3500 Hasselt 26/11/2023				PB (50m pool): 03:07.54 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:02.11
	no time							
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 09:41	
Heat: 3/5 Lane : 1 Athlete: FLEERACKERS MIRA							Q-time: 04:21:30	
PB (25m pool): 04:21.30 Aarschot 04/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:59.17		02:08.00		no time		04:21.30
	00:59.17		01:08.83					
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 09:41	
Heat: 3/5 Lane : 2 Athlete: WILLEM NORE							Q-time: 03:52:75	
PB (25m pool): 03:52.75 LEUVEN 21/12/2025			PB (50m pool): no time SB: 03:52.75 LEUVEN 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.68		01:51.22		02:52.07		03:52.75
	00:51.68		00:59.54		01:00.85		01:00.68	
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 09:41	
Heat: 3/5 Lane : 3 Athlete: FEYAERTS SAVANNAH							Q-time: 03:41:36	
PB (25m pool): 03:41.36 LEUVEN 23/11/2025				PB (50m pool): no time SB: 03:41.36 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.36		01:45.69		02:44.06		03:41.36
	00:49.36		00:56.33		00:58.37		00:57.30	
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 09:41	
Heat: 3/5 Lane : 5 Athlete: SMEKENS ELLA							Q-time: 04:04:04	
PB (25m pool): 04:04.04 LEUVEN 23/11/2025				PB (50m pool): no time SB: 04:04.04 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:54.69		01:57.73		03:01.71		04:04.04
	00:54.69		01:03.04		01:03.98		01:02.33	
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 09:41	
Heat: 3/5 Lane : 6 Athlete: VERHEYEN CHARLOTTE							Q-time: 04:25:30	
PB (25m pool): 04:25.30 LEUVEN 21/12/2025				PB (50m pool): no time SB: 04:25.30 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		01:01.02		02:09.93		03:19.59		04:25.30
	01:01.02		01:08.91		01:09.66		01:05.71	
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 09:46	
Heat: 4/5 Lane : 2 Athlete: VEREYCKEN ELISE							Q-time: 03:12:72	
PB (25m pool): 03:12.72 Aarschot 04/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.35		01:31.94		no time		03:12.72
	00:43.35		00:48.59					
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 09:46	
Heat: 4/5 Lane : 6 Athlete: WILLEN LUNA							Q-time: 03:40:76	
PB (25m pool): 03:40.76 LEUVEN 23/11/2025				PB (50m pool): no time SB: 03:40.76 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.16		01:48.17		02:45.99		03:40.76
	00:51.16		00:57.01		00:57.82		00:54.77	
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 09:54	
Heat: 1/3 Lane : 5 Athlete: WINNEPENNINCKX FELIX							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 09:58	
Heat: 2/3 Lane : 1 Athlete: LENDERS ESTEBAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 09:58	
Heat: 2/3 Lane : 2 Athlete: DHOOGGE TRISTAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 6: 100M BACKSTROKE MIXED 10-9					Heat:1, starttime: 10:06
Heat: 1/1 Lane : 4 Athlete: SALAETS ELOÏSE					Q-time: 01:41:38
PB (25m pool): 01:40.42 Mol 28/12/2025					PB (50m pool): 01:41.38 SB: 01:40.42 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.65		01:40.42	
	00:48.65		00:51.77		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 10:23
Heat: 1/8 Lane : 4 Athlete: PUT JULIE					Q-time: 02:00:86
PB (25m pool): 02:00.86 Aarschot 04/05/2025					PB (50m pool): 01:52.31 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.40		02:00.86	
	00:57.40		01:03.46		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 10:26
Heat: 2/8 Lane : 1 Athlete: FLEERACKERS MIRA					Q-time: 01:50:67
PB (25m pool): 01:50.67 Aarschot 16/03/2025					PB (50m pool): 01:53.76 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.66		01:50.67	
	00:51.66		00:59.01		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 10:26
Heat: 2/8 Lane : 3 Athlete: WILLEM NORE					Q-time: 01:42:12
PB (25m pool): 01:41.09 Mol 28/12/2025					PB (50m pool): 01:47.17 SB: 01:41.09 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.50		01:41.09	
	00:49.50		00:51.59		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 7: 100M BACKSTROKE WOMEN 11+				Heat:2, starttime: 10:26	
Heat: 2/8 Lane : 6 Athlete: VERHEYEN CHARLOTTE				Q-time: 01:53:93	
PB (25m pool): 01:53.93 LEUVEN 21/12/2025				PB (50m pool): 01:55.41 SB: 01:53.93 LEUVEN 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:58.62		01:53.93	
	00:58.62		00:55.31		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+				Heat:3, starttime: 10:28	
Heat: 3/8 Lane : 4 Athlete: WILLEN LUNA				Q-time: 01:32:93	
PB (25m pool): 01:35.90 Aarschot 04/05/2025				PB (50m pool): 01:32.93 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.24		01:35.90	
	00:46.24		00:49.66		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+				Heat:3, starttime: 10:28	
Heat: 3/8 Lane : 6 Athlete: SMEKENS ELLA				Q-time: 01:37:33	
PB (25m pool): 01:37.33 Tremelo 14/12/2025				PB (50m pool): 01:43.00 SB: 01:37.33 Tremelo 14/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.69		01:37.33	
	00:47.69		00:49.64		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+				Heat:4, starttime: 10:30	
Heat: 4/8 Lane : 3 Athlete: DEXTERS MILA				Q-time: 01:28:51	
PB (25m pool): 01:28.51 Tremelo 14/12/2025				PB (50m pool): 01:36.23 SB: 01:28.51 Tremelo 14/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.06		01:28.51	
	00:44.06		00:44.45		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 10:30
Heat: 4/8 Lane : 6 Athlete: FEYAERTS SAVANNAH					Q-time: 01:32:54
PB (25m pool): 01:32.54 Tremelo 14/12/2025					PB (50m pool): 01:39.84 SB: 01:32.54 Tremelo 14/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.61		01:32.54	
	00:45.61		00:46.93		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 10:34
Heat: 6/8 Lane : 1 Athlete: GERARD CARYS					Q-time: 01:21:06
PB (25m pool): 01:21.06 LEUVEN 23/11/2025					PB (50m pool): 01:24.27 SB: 01:21.06 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.09		01:21.06	
	00:40.09		00:40.97		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 10:36
Heat: 7/8 Lane : 1 Athlete: SILVERANS MILA					Q-time: 01:17:53
PB (25m pool): 01:17.53 Heist Op Den Berg 11/01/2025					PB (50m pool): 01:20.40 SB: 01:18.85 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.04		01:17.53	
	00:37.04		00:40.49		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 10:38
Heat: 8/8 Lane : 2 Athlete: ASSCHERICKX CHLOé					Q-time: 01:11:07
PB (25m pool): 01:11.07 Sinbad 22/07/2025					PB (50m pool): 01:13.23 SB: 01:11.73 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.49		01:11.07	
	00:34.49		00:36.58		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 10:40
Heat: 1/5 Lane : 3 Athlete: DHOOGHE TRISTAN					Q-time: 01:52:15
PB (25m pool): 01:52.15 Aarschot 04/05/2025					PB (50m pool): 01:55.29 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.51		01:52.15	
	00:54.51		00:57.64		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 10:43
Heat: 2/5 Lane : 1 Athlete: LENDERS ESTEBAN					Q-time: 01:44:69
PB (25m pool): no time					PB (50m pool): 01:44.69 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 10:43
Heat: 2/5 Lane : 2 Athlete: WINNEPENNINGKX FELIX					Q-time: 01:41:70
PB (25m pool): 01:41.70 LEUVEN 21/12/2025					PB (50m pool): 01:46.11 SB: 01:41.70 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.29		01:41.70	
	00:50.29		00:51.41		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 10:45
Heat: 3/5 Lane : 5 Athlete: LENDERS PABLO					Q-time: 01:27:60
PB (25m pool): 01:27.60 Tremelo 14/12/2025					PB (50m pool): 01:32.51 SB: 01:27.60 Tremelo 14/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.31		01:27.60	
	00:44.31		00:43.29		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 10:53
Heat: 2/5 Lane : 2 Athlete: WILLEN LENTHE					Q-time: 01:39:25
PB (25m pool): 01:39.25 LEUVEN 23/11/2025					PB (50m pool): no time SB: 01:39.25 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.48		01:39.25	
	00:46.48		00:52.77		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 10:55
Heat: 3/5 Lane : 2 Athlete: LEMBRECHTS KAAT					Q-time: 01:31:32
PB (25m pool): 01:31.32 LEUVEN 23/11/2025					PB (50m pool): no time SB: 01:31.32 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.79		01:31.32	
	00:43.79		00:47.53		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 10:57
Heat: 4/5 Lane : 2 Athlete: BRUGMAN SERENA					Q-time: 01:15:23
PB (25m pool): 01:14.42 Stedelijk Zwembad Geel 11/02/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.42	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:3, starttime: 11:06
Heat: 3/4 Lane : 4 Athlete: GYPEN THOMAS					Q-time: 01:14:88
PB (25m pool): 01:14.88 Aarschot 16/03/2025					PB (50m pool): no time SB: 01:15.06 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.88	
	no time				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 10: 100M MEDLEY MEN 11+					Heat:4, starttime: 11:08
Heat: 4/4 Lane : 3 Athlete: DE WITTE LEO					Q-time: 01:05:69
PB (25m pool): 01:05.69 Aarschot 28/07/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:05.69	
	no time				
					

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+					Heat:1, starttime: 11:15			
Heat: 1/6 Lane : 3 Athlete: DEXTERS MILA					Q-time: 06:35:44			
PB (25m pool): 06:35.44 Herentals 04/10/2025					PB (50m pool): no time SB: 06:35.44 Herentals 04/10/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:43.48		01:32.75		02:22.09		03:13.03
	00:43.48		00:49.27		00:49.34		00:50.94	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:04.53		04:55.97		05:47.40		06:35.44
	00:51.50		00:51.44		00:51.43		00:48.04	
								

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+					Heat:2, starttime: 11:22			
Heat: 2/6 Lane : 1 Athlete: LEMBRECHTS SIEN					Q-time: 05:44:56			
PB (25m pool): 05:44.56 Herentals 04/10/2025					PB (50m pool): no time SB: 05:44.56 Herentals 04/10/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.75		01:18.27		02:02.64		02:48.24
	00:36.75		00:41.52		00:44.37		00:45.60	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:33.32		04:18.45		05:02.61		05:44.56
	00:45.08		00:45.13		00:44.16		00:41.95	
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 11:22	
Heat: 2/6 Lane : 2 Athlete: VEREYCKEN ELISE							Q-time: 05:32:10	
PB (25m pool): 05:24.43 Tienen 26/10/2025				PB (50m pool): 05:53.19 SB: 05:24.43 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.39		no time		02:41.43
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:24.43
								

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 11:22	
Heat: 2/6 Lane : 5 Athlete: MEURRENS LINA							Q-time: 05:35:77	
PB (25m pool): 05:35.77 Aarschot 04/05/2025				PB (50m pool): no time SB: 05:39.46 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:18.46		no time		02:43.97
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:35.77
								

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 11:29	
Heat: 3/6 Lane : 2 Athlete: GERARD CARYS							Q-time: 05:16:57	
PB (25m pool): 05:16.57 Aarschot 04/05/2025				PB (50m pool): no time SB: 05:17.95 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:15.70		no time		02:38.58
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:16.57
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 11:29	
Heat: 3/6 Lane : 3 Athlete: VANSINA ELLE							Q-time: 05:13:73	
PB (25m pool): 05:13.73 Aarschot 04/05/2025				PB (50m pool): 05:26.23 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:14.82		no time		02:35.06
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:13.73
								

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 11:35	
Heat: 4/6 Lane : 1 Athlete: DEVUE ROSALIE							Q-time: 05:11:27	
PB (25m pool): 05:11.27 Tienen 26/10/2025				PB (50m pool): 05:23.87 SB: 05:11.27 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:13.44		no time		02:33.64
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:11.27
								

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 11:35	
Heat: 4/6 Lane : 5 Athlete: SILVERANS MILA							Q-time: 05:11:14	
PB (25m pool): 05:11.14 Tienen 26/10/2025				PB (50m pool): 06:07.83SB: 05:11.14 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:13.55		no time		02:33.07
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:11.14
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 11:40	
Heat: 5/6 Lane : 1 Athlete: WOUTERS STIEN							Q-time: 04:58:67	
PB (25m pool): 04:58.67 LEUVEN 23/11/2025				PB (50m pool): 05:18.97 SB: 04:58.67 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.77		01:10.61		01:48.40		02:26.68
	00:33.77		00:36.84		00:37.79		00:38.28	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:05.30		03:43.95		04:21.97		04:58.67
	00:38.62		00:38.65		00:38.02		00:36.70	
								

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 11:46	
Heat: 6/6 Lane : 1 Athlete: GYPEN KAAT							Q-time: 04:51:05	
PB (25m pool): 04:51.05 LEUVEN 23/11/2025				PB (50m pool): 05:27.36SB: 04:51.05 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.44		01:08.12		01:44.63		02:21.59
	00:32.44		00:35.68		00:36.51		00:36.96	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:59.04		03:36.60		04:14.27		04:51.05
	00:37.45		00:37.56		00:37.67		00:36.78	
								

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 11:46	
Heat: 6/6 Lane : 3 Athlete: MEYER THYRVI							Q-time: 04:37:83	
PB (25m pool): 04:37.83 LEUVEN 23/11/2025				PB (50m pool): 04:44.69SB: 04:37.83 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.60		01:06.11		01:41.28		02:16.77
	00:31.60		00:34.51		00:35.17		00:35.49	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:52.58		03:28.37		04:03.57		04:37.83
	00:35.81		00:35.79		00:35.20		00:34.26	
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 11:46	
Heat: 6/6 Lane : 6 Athlete: ASSCHERICKX CHLOé							Q-time: 04:51:14	
PB (25m pool): 04:51.14 Sinbad 22/07/2025				PB (50m pool): 05:00.00SB: 04:54.11 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.14		01:09.43		no time		02:24.37
	00:33.14		00:36.29					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:51.14
								

Coach feedback:

Event number: 13: 400M FREESTYLE MEN 11+							Heat:2, starttime: 11:59	
Heat: 2/4 Lane : 3 Athlete: DEVUE NICOLAS							Q-time: 05:07:20	
PB (25m pool): 05:07.20 Aarschot 16/03/2025				PB (50m pool): 05:20.57 SB: 05:10.29 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.52		01:12.92		no time		02:31.81
	00:34.52		00:38.40					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:07.20
								

Coach feedback:

Event number: 13: 400M FREESTYLE MEN 11+							Heat:3, starttime: 12:05	
Heat: 3/4 Lane : 1 Athlete: VERHEYEN STEPHEN							Q-time: 04:55:23	
PB (25m pool): 04:55.23 Zaventem 15/07/2025				PB (50m pool): 05:29.49SB: 05:04.99 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:11.99		no time		02:27.91
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:55.23
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 13: 400M FREESTYLE MEN 11+							Heat:3, starttime: 12:05	
Heat: 3/4 Lane : 2 Athlete: ASSCHERICKX SEBASTIAAN							Q-time: 04:50:85	
PB (25m pool): 04:50.85 Leuven 12/10/2025				PB (50m pool): 05:24.93SB: 04:50.85 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.98		01:10.02		01:47.37		02:24.23
	00:32.98		00:37.04		00:37.35		00:36.86	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:02.31		03:39.76		04:16.40		04:50.85
	00:38.08		00:37.45		00:36.64		00:34.45	
								

Coach feedback:

Event number: 13: 400M FREESTYLE MEN 11+							Heat:3, starttime: 12:05	
Heat: 3/4 Lane : 3 Athlete: WOUTERS HANNES							Q-time: 04:44:62	
PB (25m pool): 04:44.62 Herentals 04/10/2025				PB (50m pool): 04:55.53 SB: 04:44.62 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.70		01:06.74		01:42.84		02:19.05
	00:31.70		00:35.04		00:36.10		00:36.21	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:55.53		03:31.91		04:08.27		04:44.62
	00:36.48		00:36.38		00:36.36		00:36.35	
								

Coach feedback:

Event number: 13: 400M FREESTYLE MEN 11+							Heat:3, starttime: 12:05	
Heat: 3/4 Lane : 5 Athlete: VOET LARS							Q-time: 04:52:47	
PB (25m pool): 04:52.47 Sinbad 22/07/2025				PB (50m pool): 05:01.73SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.33		01:08.33		no time		02:23.05
	00:39.33		00:29.00					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:52.47
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 13: 400M FREESTYLE MEN 11+							Heat:4, starttime: 12:11	
Heat: 4/4 Lane : 2 Athlete: VETS SIEBE							Q-time: 04:20:84	
PB (25m pool): 04:20.84 LEUVEN 23/11/2025				PB (50m pool): 04:31.37 SB: 04:20.84 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:29.47		01:01.53		01:34.81		02:08.37
	00:29.47		00:32.06		00:33.28		00:33.56	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:42.02		03:15.72		03:49.25		04:20.84
	00:33.65		00:33.70		00:33.53		00:31.59	
								

Coach feedback:

Event number: 13: 400M FREESTYLE MEN 11+							Heat:4, starttime: 12:11	
Heat: 4/4 Lane : 5 Athlete: VETS WANNES							Q-time: 04:24:35	
PB (25m pool): 04:24.35 Leuven 12/10/2025				PB (50m pool): 04:36.26SB: 04:24.35 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:30.45		01:03.39		01:37.32		02:11.47
	00:30.45		00:32.94		00:33.93		00:34.15	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:45.72		03:19.25		03:52.09		04:24.35
	00:34.25		00:33.53		00:32.84		00:32.26	
								

Coach feedback: